

FANCY BEING IN WITH A CHANCE OF WINNING ONE OF TWO £50 SHOPPING VOUCHERS?

Simply complete our quick and easy feedback
form to enter the competition



Scan the QR code or visit
citycateringsouthampton.co.uk/cooking-at-home-2025



**Please take 2 minutes to help shape the future of our
programme to benefit you and your community!**



Find our
recipes on
YouTube and
subscribe
today!



Supporting, empowering and inspiring healthy home cooking

- Healthy, simple low-cost family-friendly online recipes
- Cook-along videos and educational resources



Thanks to our supporters:



citycateringsouthampton.co.uk

We've included a reusable tote bag with your groceries. This is to:

- Help you carry your groceries home after collecting them following feedback
- Reduce the need for single use plastic bags when shopping in the future
- Encourage you to remember to use our recipes to help you cook healthy meals at home, from scratch, for your family

